

up to 4c	4	9	-	-
5a to 6a+	1	5	3	-
6b to 7a	-	2	3	-
7a+ and up	-	-	1	1

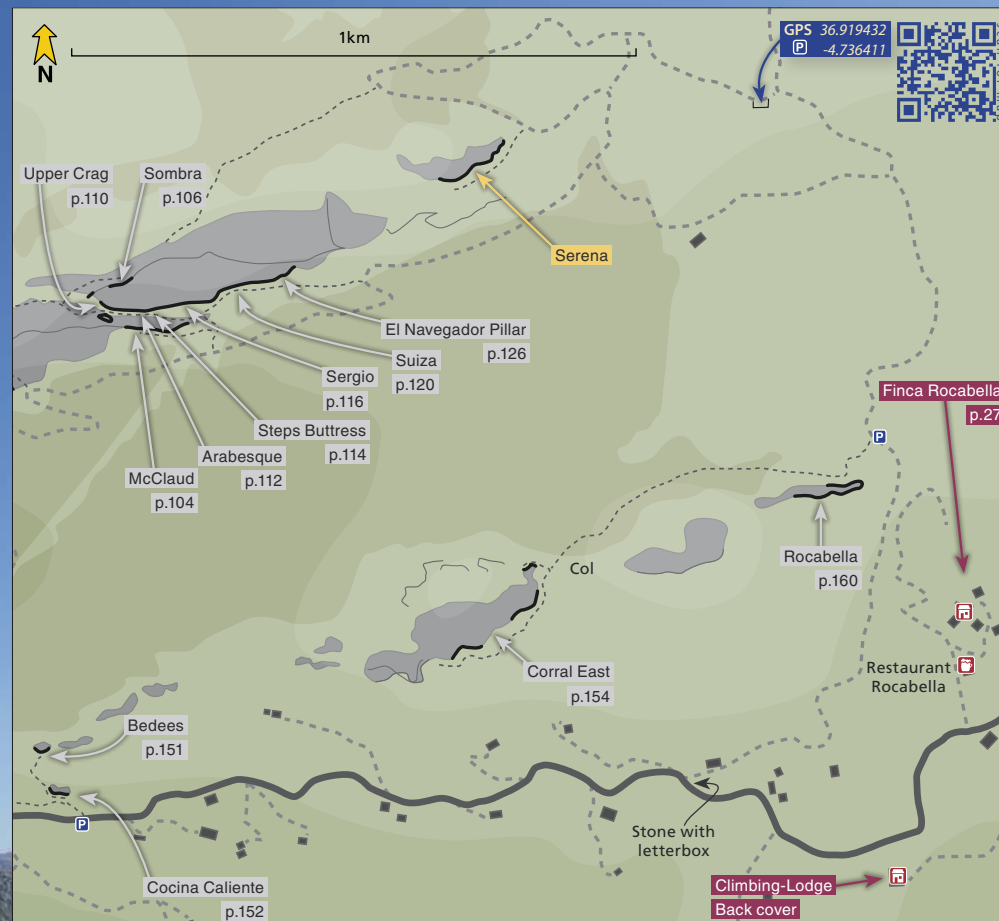
An excellent elongated buttress perched at the top end of the Frontales ridge. It has three developed sectors with a good spread of grades, though nothing very hard. The easier pitches on the Medio and Bajas sectors make it a good alternative to sector Suiza on Escalera Arabe for those seeking routes in the lower grades. The elevation and open aspect give fantastic views and a cool breeze in hotter weather. It is usually quieter than elsewhere.

Conditions

High, breezy and sunny. There is no chance of climbing in the rain, although the rock dries rapidly and there is little seepage. It catches the sun for most of the day.

Approach

Follow the road through the village, past the station and up the hill towards Valle de Abdalajis. At 3km from the station bar, take a steep track on the left (the junction where the track is on the left has a very large stone with a letterbox in it). Follow the track for 1.7km (passing the Rocabella Crag parking) and turn left to gain a parking area and noticeboard. Continue on foot along the track for 250m and turn left. After a further 100m, turn right and then in 150m a path on the left leads quickly to the base of the crag.



Paul Cox on *La enfermera* (6a) - page 130 - at Serena. Serena is a fine crag set in a beautiful location high above the valley, with plenty of routes across the grades including in the popular green spot range. Photo: Mark Glaister



Alta

An excellent wall of featured rock with a good selection of climbs. As with all the sectors here, the views are superb and the base of the crag a nice place to relax between climbs.

1 Mar de nubes **6b**

Thug through the 6b roof move, then lovely clean 6a climbing leads to the top. A high first bolt.

2 Perote **6a**

A tight line left of *La enfermera*. Just about independent.

3 La enfermera **6a**

Thin moves to the break lead to excellent climbing up the wall above. *Photo on p.128*

4 Hippie left **6a+**

A fun, steep outing with some good hidden holds.

5 La hippie **6b**

A surprisingly varied short route: Delicate wall, big rest, hard committing steep section and a balancy finish.

6 La gimnasta **6c+**

Charge up the steep rail, then navigate the tricky crux out to the wall on deceitful holds. *Photo opposite.*

7 No salia **7a+**

Powerful moves from the rail to the hanging crack are followed by delicate climbing on the wall above.

8 Serena serenita **7b**

A beautiful line straight up the steep wall with a crimpy crux.

9 Hashfield **7a**

A thin wandering line up the steep streaked wall.

On the far right end of the Alta sector is a steep rib and corner with a slabby grey right wall. The next two lines follow these features.

10 La trifulca **6b**

The steep disjointed rib to the left of the corner.

11 Cervecita fresquita **5a**

The right-hand side of the slab.



Alan James on *La gimnasta* (6c+) - *opposite*. This is one of a group of four harder pitches on the fine upper section of Serena. Photo: Mark Glaister



Medio

This small section is a perfect training area. It has a cable along the ledge between the lower-offs for teaching, which can be accessed from the ground on the far right. It is very generously bolted and has a good variety of moves for such short routes. The two routes on the left are longer and more substantial lines.

1 Go for it - now! 4c

The long rounded rib that leads up right of the mid-height tree.

2 Papa Joe & Mama Nike 4c

Start up the large rounded scoop and then wend a way up past a wide crack and short wall.



3 Via engadin. 4a

The wall just right of the tree at the top of the crag. A brief but pleasant climb on big holds.

4 Terra 5a

A steep couple of moves gain better holds.

5 Fuego. 5a

Make a powerful pull to easier but still interesting ground.

6 Agua 5a

Nice moves up the wall.

7 Aire 4c

The left-leaning diagonal crack is climbed on good holds.

8 Roca 5c

The wall right of the diagonal crack has some tricky moves.



Baja

The first section encountered on the approach has some interesting low-grade climbs in a pleasant setting. This is a good spot for groups/beginners, or those after some easy-going mileage.

9 Climbonaut 4a

Start a little way left of the main section of wall at a tree. Climb to a lower-off some way below an overhanging block.

10 Smoothie 3b

Start at a small white niche at the crag base.

11 First steps to heaven 3a

Climb a slight bulge on huge holds to gain a pocketed face.

12 Crack or face? 4c

Use the wide crack left of the bolts in the face to gain the easier upper wall. Climbing the face direct without using the crack is 5b and run out.



13 Baklava 4c

Start left of a slim corner.

14 Arroz de coco 4b

The face passing short cracks midway.

15 El clavo dulce 4b

Start at a clear patch in the vegetation.

16 Pumpkin pilav 5c

Climb a slab to a steep crack in the headwall.

17 Gözieme 4b

Start behind a tree and climb to a final crack/gully.

18 Tarta de chocolate 3b

The face and crack to the right-hand side of the upper buttress.

Frontales

Escalera Arabe

Las Encantadas

The Central Gorge

Desplomandía

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