

# SAMPLE PAGES



## Wicklow

The Wicklow Mountains are home to two excellent multi-pitch granite crags, Luglogga and Glendalough. The most popular of the two, Glendalough, offers plenty of excellent routes and is particularly notable in the UK for its massive, multi-pitch routes. Luglogga has some amazing longer more adventurous routes.

Just south of Glendalough is the valley of Glencolumbkille which is home to Great Gully, a great day out in the mountains for all.

**ACCOMMODATION**

The An Oge Hotel in Glendalough (www.anoge.com) is a fine pub and the best accommodation in the area. The hotel is a 45-minute drive from Glendalough. There are plenty of other options nearby including B&Bs, houses and self-catering cottages, see www.visitwicket.com for more ideas.

**Wild camping is permitted in Wicklow National Park but is not allowed in the valley of Glencolumbkille. There is also a campsite in the mountain village.**

**OTHER CLIMBING**

There are many other minor crags in Wicklow, the only one worth mentioning is Lough Dan, a fine granite crag with a good selection of high quality, hard, single pitch routes, see page 14 for details.

Wicklow has the best and most extensive bouldering in Ireland (see page 21 for more information) with over 400 problems spread across more than a dozen areas.

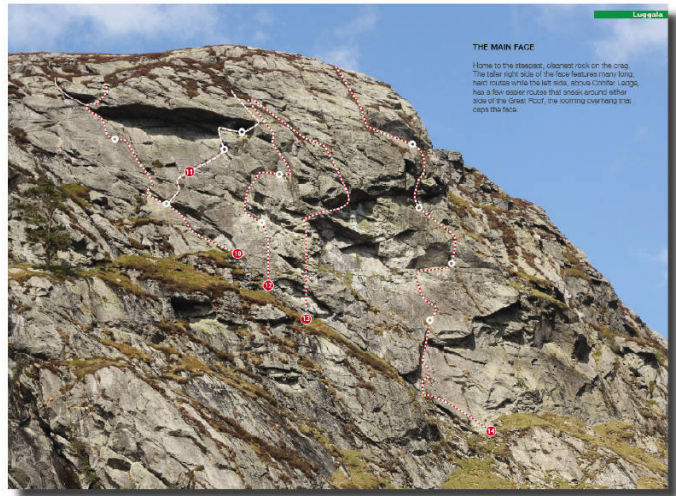
**RESTAURANT DAYS**

Hiring and mountain biking are good options for many days. It is often dry in Dalkey Quarry (see page 20) which is a great place to hire a car or to hire a 4x4 from Dalkey. Get caught up in the rain, there is a plenty of good restaurants nearby and Dublin is only 100 miles away.

**FACEBOOK PAGE** [http://www.facebook.com/wicklowmountains](#) Photo by Stefan Winkler.

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## LONG LEDGE WALL

Follow the path from the parking north along the edge of the cliff. After about 500m the cliff is approximately 10m wide. The crag is known as the Long Ledge for its length and is a series of ledges known as the Fathmanna Diabait.

1. **General Central VS 4c** - 15m  
A popular multi-pitch easy-to-lead climbing with good protection. Start below the left-hand overhang that crosses the centre of the long ledge. Make a hard move to the ledge and climb the diagonal crack above. See photo on page 130.  
T. Ryan, D. O'Sullivan, M. Piggott, August 1970.
2. **Classic LS 5c** - 15m  
The steep groove is popular and climbed in equal measures.  
J. Moore, S. Young 07/09/1972.
3. **Bottom Right VS 2c** - 15m  
A fine and popular route. It takes a groove which starts at mid-height on the wall right of centre. Climb to the end and up past a hollow-sounding flake (crack).  
J. Moore, J. Roberts 26/11/1972.
4. **Horizontal 1-10 5c** - 15m  
Excellent climbing up the steep corner just right of bottom right. See for the full S. Young, J. Moore 07/09/1972.  
PRR, J. Lavin May 1970.

## CARRAUNTOOHIL

**ICCA** Substrate APPROXIMATE PROBLEMS ASSET C1 Mountain Range  
R1 D1  
R2 D1  
R3 D1  
R4 D1

**Hawkeye Ridge** is the classic Irish mountaineering route. The long continuous ridge runs up the corner of the Horn East face of Carruntoohil to the summit. Carruntoohil is a fine crag with a good selection of routes. Carruntoohil is a fine crag with a good selection of routes. Carruntoohil is a fine crag with a good selection of routes.

However don't be fooled by the low grade and popularity, as on a warm summer's day it is an extremely hot and dry climb. Carruntoohil is a fine crag with a good selection of routes. Carruntoohil is a fine crag with a good selection of routes.

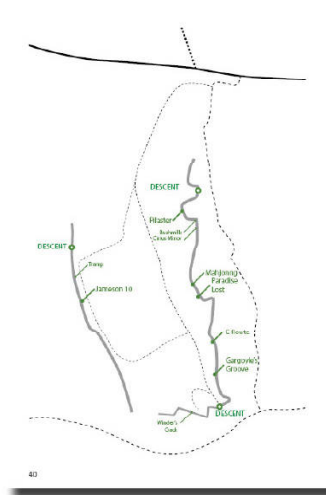
Most parties climb Hawkeye in big boots, moving together and pitching winds appropriately. It is advisable to pitch short to minimise rope drag and reduce the chances of the rope catching on rock. Carry plenty of long slings for using to belay rather than placing small nuts which can be unreliable in the loose rock. A map, compass and good navigation skills are vital on the Macgillivray's Peaks area a large, complex mountain range and frequently shrouded in mist.

The ridge to the left (Piper's Ridge 3) and the right (Kinnosloe H4/5) offer large, loose alternatives but won't be most people's taste.

**CONDITIONS**

Even though Hawkeye was first climbed in winter conditions nowadays it is more commonly done as a scrambling route. Carruntoohil is a fine crag with a good selection of routes. Carruntoohil is a fine crag with a good selection of routes.

**FACEBOOK PAGE** [http://www.facebook.com/carruntoohil](#) Photo by Richard O'Connell.



## WEST VALLEY

Access the West Valley by the path at the mouth of the river of the descent route, North Valley (1), beside Healer Butte or Spiky Gully (2) at the base of the quarry.

1. **Plastic VS 4c** - 15m  
A most recent route to pioneer climbing up the centre of the butte. Involves a series of steps up the centre of the wall to a ledge. Once on the ledge and continue upwards below the individual below the top.  
F. Maguire, A. Kłoszynski 1981.
2. **There is a variation of Plastic, that is similar in style but a little harder. Dream Landing 11 5c** starts just to the right and finishes delicately right before a long crack from the 4. It gains the ledge and joins Plastic.
3. **The corner to the right is Beehive 11 5c. Climb Mirror 11 5c** takes a protection-free climbing line up the side to the right of Beehive and Beehive Wall HV5 is today climb the corner right of the side.
4. **15 Marooning VS 4c** - 10m  
The thin crack that splits the centre of the slab is sustained and well protected.  
S. Young, J. Leonard, R. Richardson, M. Ryan, J. Suter 22/04/1979.

