

قراقرم Climbing in

Sport Climbing | Via Ferrata | Deep Water Soloing | Multi Pitch



Jakob Oberhauser

PANICO ALPINVERLAG

Jakob Oberhauser - **Climbing in Oman**



Sport Climbing
Via Ferrata
Deep Water Soloing
Multi Pitch

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Frontispiece	Jabal Kawr

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A. Jabal Misht



Jabal Misht North west.

Jabal Misht is probably one of the biggest freestanding rock faces of the Arabian Peninsula. Nearly 1000 m of vertical rock, a 4 km south face and a 3 km east face are the measurements of this fascinating mountain.

In 1979, the french mountain guide R. Renaud and his friends did the "French Route" on the Misht which was the first big route in Oman. They used "siege tactics", with many fixed ropes (remains are still visible on the face) and got support from helicopters. After 20 days of work, the french party exited successfully on the summit. The tale that they were airlifted from the summit to the Sultan's palace is probably not true.

Still the climbs on the central faces of the Misht are rarely climbed without a bivouac. Because of the size of this mountain, climbers have divided it into the following sectors:

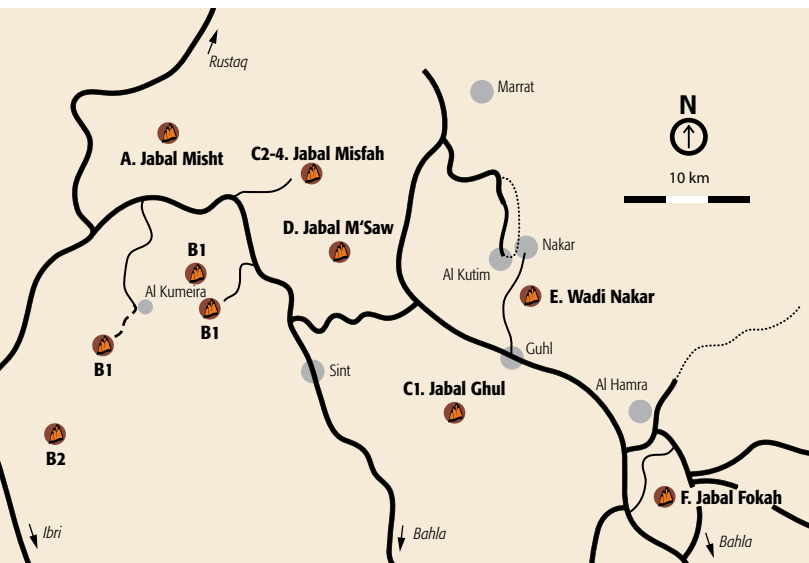
A1.	Cockscomb	p. 17
A2.	Towers.....	p. 20
A3.	South Face	p. 22
A4.	Southeast Face.....	p. 25
A5.	Organ Pipes.....	p. 27
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A7.	Jabal Namwash.....	p. 31

Between the first and the second crux sections of *Icarus* on Jabal Misht. | Kristaps Liepin



B. Jabal Kawr

Jabal Kawr is a massive mountain on the north western rim of the Western Hajar Mountains. There are 2 areas known for climbing: "The Pala" includes the faces and sub summits on the north side of the second highest mountain in the country, "Jabal Kawr South" covers the sub summits and faces on the south side.



B1.	Pala.....	p. 33
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B2.4.	Jabal Kawr South West Face.....	p. 52
B2.5.	Jabal M'Seeb.....	p. 52
B2.6.	Kawr Towers.....	p. 53
B2.7.	Nadan Pillar.....	p. 54
B2.8.	Amlah Wall.....	p. 54

B1. Pala

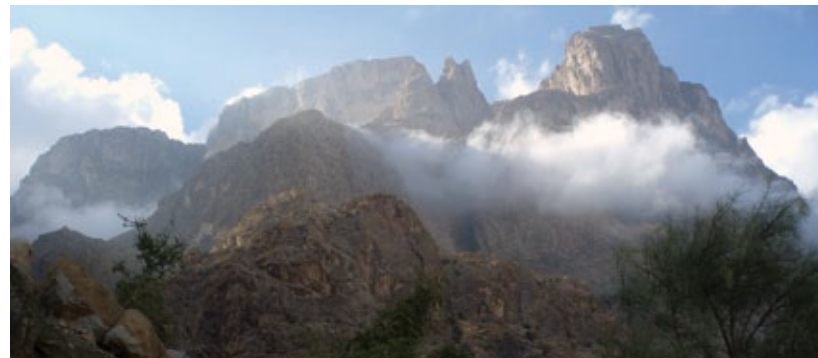
The "Pala" are the faces and summits on the north side of Jabal Kawr. Most climbs are in the shade and the rock is great. This, plus faces from 200 m to 600 m, and the relatively short approaches and descents make this area one of the most frequented in Oman. Situated opposite Jabal Misht the Pala offers a good training possibility for the Misht.

The drive

from Muscat: It's best to follow option 2 described in the driving instructions to Jabal Misht. After the steep section from the bowl of Sint down to Al Ayn, take the first option to the left. Follow the steep and narrow graded

road up to the village of K'Saw. A 4 -WD vehicle is necessary! If you want to camp at K'Saw please ask the locals. There is limited parking in the area. Make sure that you are not blocking any access road!

The Pala from the Hishbee Gardens .



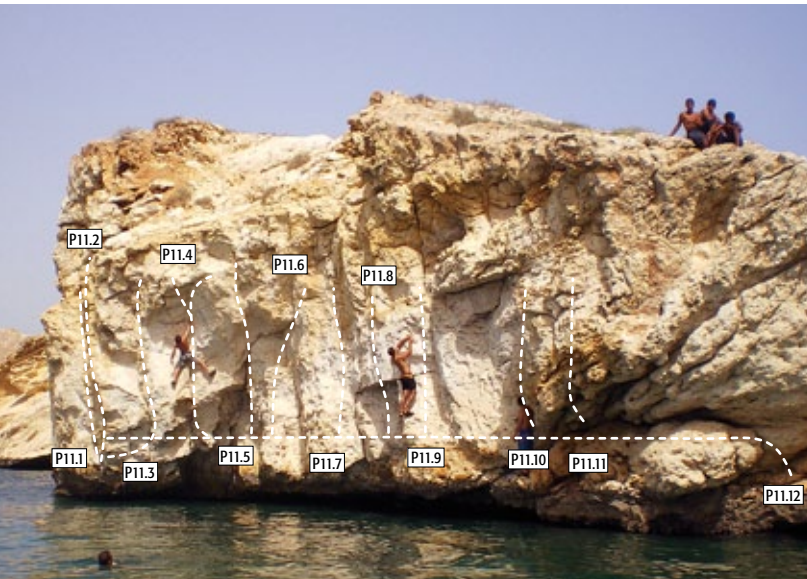
P11. The Gold Mine

This crag is located on the south face of the island just before you go around the corner to the MDAC Sector.

The Lines

1. Shafted
2. Seamless
3. Big Butty
4. Honey Wagon
5. Bonanza
6. Cross Cut
7. Golden Shadow
8. Stake Your Claim
9. Gem
10. Cool Canary
11. Widow Maker
12. Traverse

right picture: Read Macadam is gambling on Slot Machine (7b+/c). Casino Wall



A Jabal Misht**A1 Cockscomb**

A1.3 p.18 Watergate VI Topo 1

A2 Towers

A2.3 p.21 Madam Butterfly V+ Topo 2
 A2.4 p.21 Snakes and Ladders VI+ Topo 3
 A2.8 p.22 Excusez-moi VII Topo 4
 A2.9 p.22 Wichtelmännchen VI Topo 5
 A2.10 p.22 North - Face VI Topo 6

A3 South Face

A3.2 p.24 Curry Power VI+ Topo 7
 A3.3 p.24 Paradies der Fakire VI- Topo 8
 A3.4 p.24 Fata Morgana IX+ Topo 9
 A3.5 p.24 Flying Pegs VIII+ Topo 10
 A3.6 p.24 Kabir Hajar VIII- Topo 11
 A3.7 p.24 French Route VI+ Topo 12

A4 Southeast Face

A4.1 p.25 English Arete VII- Topo 13
 A4.2 p.25 Icarus VII Topo 14
 A4.3 p.26 Make Love Not War 7b Topo 15
 A4.4 p.26 Yal-lah Sadikie VII Topo 16
 A4.5 p.26 Shukran VII Topo 17
 A4.6 p.26 Riddle in the Sands VI- Topo 18

A5 Organ Pipes

A5.1 p.28 Doc Bulle Pillar VI- Topo 19
 A5.2 p.28 Dattelklauber Sigi VII Topo 20

A6 Sporn

A6.1 p.29 Joy Without Shades V Topo 21
 A6.2 p.30 Half Moon Corner V Topo 22

A7 Jabal Namwash**B Jabal Kawr****B1 Pala****B1.1 Karnrābāb**

B1.1.2 p.34 Luadabuam Pillar VI- Topo 23
 B1.1.3 p.35 Portable Minibar VI- Topo 24
 B1.1.4 p.35 From Half-Pipe to Pipe VI- Topo 25
 B1.1.4a p.35 Olly Variante VII+ Topo 25
 B1.1.5 p.35 Dum Dum VI+ Topo 26
 B1.1.6 p.35 No Alkohol VI- Topo 27
 B1.1.7 p.36 Taubennest V Topo 28
 B1.1.8 p.36 Down Hill V+ Topo 29
 B1.1.9 p.36 Labyrinth VI- Topo 30
 B1.1.10 p.36 Solo Pillar VI- Topo 29
 B1.1.11 p.36 Le pied rouge à Tintin V+ Topo 23

B1.2 Jabal Asala North Face

B1.2.1 p.37 Omaniatic VI+ Topo 31
 B1.2.2 p.38 Route 1 Topo 32
 B1.2.3 p.38 Route 2 Topo 32
 B1.2.4 p.38 Stand Art V Topo 32
 B1.2.5 p.38 Ramadan for Bolts V+ Topo 32
 B1.2.6 p.38 Rock Fascination VI- Topo 33
 B1.2.7 p.38 North Pillar V+ Topo 31

B1.3 Jabal Asala North West Face

B1.3.1 p.39 Asala Geier VI Topo 34

B1.4 Jabal Asala West Face

B1.4.1 p.39 Jabalistas V+ Topo 35
 B1.4.2 p.39 Nashorn VI+ Topo 35

B1.5 Jabal Asala East Face

B1.5.1 p.40 Petite journee V+ Topo 36

B1.6 Jabal Qashait East Face

B1.6.8 p.42 Straight Up V+ Topo 37
 B1.6.11 p.43 Sackgasse VI Topo 38

B1.6.12 p.43 Stop Smoking V+ Topo 39
 B1.6.13 p.43 Internationale V Topo 40

B1.7 Jabal Qashait East Face, Lower Trier**B1.8 Jabal Qashait West Face**

B1.8.1 p.44 Les miettes du gateau V+ Topo 41
 B1.8.2 p.44 Mush Mushkila VIII- Topo 42
 B1.8.3 p.44 Mystery Topo 42
 B1.8.4 p.45 Annas Tango V+ Topo 43
 B1.8.5 p.45 Muscat Rap Topo 44
 B1.8.4 p.45 Omani Fools VIII- Topo 43

B1.9 Jabal Qashait Foot Wall**B1.10 Karnefour, Jabal Snekh**

B1.10.4 p.47 Langspielplatten VI+ Topo 45
 B1.10.5 p.47 Rosso Salente VII+ Topo 46
 B1.10.6 p.47 Auna Bidea VII Topo 47
 B1.10.7 p.48 Amadeus Rambo VII+ Topo 47

B1.11 Al Kumeira Wall

B1.11.1 p.48 Sixtie-five VII- Topo 48
 B1.11.2 p.48 Al Kumeira VI+ Topo 49
 B1.11.3 p.48 Le paradis des grenouilles 6b+ Topo 50

B1.12 Al Kumeira Wall

B1.12.1 p.49 Goasgagale VI Topo 51
 B1.12.2 p.49 Kamelgogl V Topo 51

B2 Jabal Kawr South**B2.1 Kawr Pillar****B2.2 Rigma Buttress****B2.3 Mabos Pillar****B2.4 Jabal Kawr South West Face****B2.5 Jabal M Seeb****B2.6 Kawr Towers****B2.7 Nadan Pillar****B2.8 Amlah Wall**

B2.8.1 p.54 Kebab Providence VII Topo 52
 B2.8.2 p.54 Tour est - face ouest VII Topo 52

C Jabal Ghul**C1 Jabal Ghul**

C1.1 p.56 Gla Gla Gla VIII- Topo 53
 C1.2 p.56 La Canourgaise VII+ Topo 54
 C1.3 p.56 Tête à queue vertikal VII Topo 55
 C1.4 p.56 Fresh Juice Megamix VII Topo 56
 C1.5 p.56 A trois sans vin dans la tour VII+ Topo 57
 C1.7 p.56 La samba des Jedi V Topo 58
 C1.8 p.57 Djuma VI+ Topo 53

C2 Jabal Mishafh, South Face

C2.2 p.58 Afternoon Stroll VI- Topo 59
 C2.5 p.58 South Face IV+ Topo 60

C3 Jabal Mishafh, West Face Pillar

C3.2 p.59 Die Ausgelatschten Latschen VII+ Topo 61

C4 Jabal Mishafh, North East Face

C4.1 p.59 Flattermann VII+ Topo 62

D Jabal M'Saw**E Wadi Nakhar****E1 Al Hajir**

E1.1 p.63 Ohne Worte V+ Topo 63
 E1.2 p.63 Trio Infernale V+ Topo 64
 E1.2a p.63 Variation VI- Topo 64
 E1.3 p.63 Ersatzprogramm V+ Topo 65
 E1.3a p.63 Variation V+ Topo 65
 E1.4 p.63 Oman Calling VII Topo 66
 E1.5 p.63 Nice Pitomaniak VII Topo 67

E1.6	p.63	All Along the Watchtower	VI-	Topo 68
E1.7	p.64	Super Heavy		Topo 69
E2 Jabal Shams Plateau, Sab Bani Kamis				
E2.2	p.65	Spirit Of Joggel	VII	Topo 70
E2.3	p.66	Slim Line	VII+	Topo 71

F Jabal Fokha**F1 Western Summit**

F1.1	p.70	Delivrance	VII-	Topo 72
F1.1a	p.70	Alona	V+	Topo 72
F1.2	p.70	Zick-Zack-Weg	VII+	Topo 73
F1.3	p.70	West Spur		Topo 74

F2 Middle Summit

F2.1	p.71	Nageleinriss	VI	Topo 75
F2.2	p.72	La Mama	VI	Topo 75
F2.3	p.72	Destination a la mode	VII	Topo 76
F2.4	p.72	Bonne annee	7a+	Topo 77

F3 East Summit

F3.1	p.72	Les attendant les lents	VI	Topo 78
F3.3	p.72	Zizanie chez les fransaois	VII+	Topo 78
F3.4	p.72	Les becs de gaz pissaient leur flamme au clair de lune		Topo 79
F3.5	p.72	Les melomanes	VIII	Topo 79

G Jabal Misfat Al Abriyeen**G1 „Kleines Bilderbuch“****G2 Eid Mubarak****H Wadi Tanuf**

H1	p.76	Eperon de faray	VII+	Topo 80
H2	p.76	Walk in the Sunshine	V	Topo 81
H2a	p.77	Fingerkuppenwalzer	V	Topo 81
H3	p.77	Oublie Tout	6c	Topo 82
H4	p.77	Bricolage	7b	Topo 83
H6	p.78	Les Oufs De Tanuf	VI	Topo 84
H7	p.78	Hot Oman	VII-	Topo 85
H8	p.78	Salam Alecum! Malicon Seras?	VI	Topo 86
H9	p.78	C'est arrive Plis De Chey Vous	V	Topo 87

I Nizwa Towers**I1 1st Tower, W-face**

I1.1	p.80	Razor Arete	V	Topo 88
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I2 2nd Tower, W-face

I2.2	p.81	Orgasmus	VI	Topo 89
I2.4	p.81	Rasttag	VI+	Topo 90

I3 3rd Tower, W-face

I3.1	p.82	Mohr im Hemd	V	Topo 91
I3.2	p.82	Chicken's Paradise	V	Topo 92

I4 4th Tower, W-face

I4.1	p.82	Juchetza	VII-	Topo 91
I4.2	p.82	Nierenstein	V+	Topo 92

J Wadi Shur**K Wadi Muaydin****K1 Lower Entrance**

K1.1	p.84	Voie du voleur de matelas	V	Topo 93
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K2 Upper Entrance

K2.1	p.86	Mondscheinsonate	VI-	Topo 94
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L Jabal Nakhus**M Wadi Bani Awf****M1 Sharaf Al Alamayn Sports Wall**

M1.8	p.91	Ein typischer Schottlandtag	VII-	Topo 95
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M2 Sharaf Al Alamayn The Prow**M3 Sharaf Al Alamayn Wall Of Shadows**

M3.1	p.92	Full Fat Crack	VI+	Topo 96
------	------	----------------	-----	---------

M4 La Gettettes**M5 Rotweinwand**

M5.1	p.98	Bardolino	VI+	Topo 97
M5.2	p.98	Tempranillo	VI+	Topo 98
M5.3	p.98	Barolo	IX-	Topo 98
M5.3a	p.98	Pim - Pam - Paw	6a+	Topo 98
M5.4	p.99	Chianti Classico	VI+	Topo 99
M5.5	p.99	Rioja	VI	Topo 100
M5.6	p.99	Vino Experimento	VII	Topo 99

M6 Northerly Entrance Face

M6.1	p.99	Lagerkoller	V+	Topo 101
M6.2	p.100	Project	VII-	Topo 101

M7 Qaran Bimah

M7.1	p.100	Famous Grouse	VI-	Topo 102
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M8 Snake Gorge (Wadi Thupan)**M9 Snake Gorge Left Entrance Pillar**

M9.1	p.101	I've Lost a Friend	VI	Topo 103
M9.2	p.102	Stachelschwein	V+	Topo 103
M9.3	p.102	Shucran Zammah	VII-	Topo 104

M10 Snake Gorge Right Entrance Pillar

M10.1	p.102	Colour Line	V	Topo 105
M10.2	p.102	No Slicks	V	Topo 105
M10.5	p.102	Hangover	VI+	Topo 106

M11 Snake Gorge 1st Bowl North Face

M11.1	p.103	S'Zahnbürstl	VI+	Topo 107
M11.2	p.103	Fantastica	V+	Topo 108
M11.3	p.103	Hohlraumsausen	VI	Topo 109
M11.4	p.103	A Day At The Office	V	Topo 110
M11.5	p.103	Parfum de souffre	VI+	Topo 111

M12 Snake Gorge 1st Bowl South Face

M12.1	p.104	Mit der Kirche ums Dorf	VI	Topo 112
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M13 Fluchthörner**M14 Jabal Jaru****M15 Coco Canyon**

M15.3	p.107	Corentintin	VI	Topo 113
M15.4	p.107	Dornenvögel	VI	Topo 114
M15.5	p.107	Luft Hamza	VI	Topo 115

M16 Canyon Rock**N Jabal Fokha****N1 Mistal Tower****N2 Hadash****N2.1 Reads Crag****N2.2 Sulfureuse Crag****N2.3 Black Crag****N2.4 Wall with Roofs****N2.5 The Pit****O Kubrah Canyon****O1 Crack Sector****O2 Roof Sector****O3 Snakebite Sector****O4 Hoppin' John Sector**

P Bandar Jissah

P1 Beach
P2 Shangri La Beach
P3 MDAC Sector
P4 Austrian Wall
P5 Tunnel
P6 Arête
P7 Fisherman's Cave
P8 The Roof
P9 Jugs Bay
P10 Casino
P11 The Gold Mine

Q Wadi Mayh

Q1 Scorpion Buttress				
Q1.1	p.143	The Scorpion	5c	Topo 116
Q1.2	p.143	Manthis	VII-	Topo 116
Q1.3	p.143	Crocodile Chimney	6a	Topo 116
Q1.4	p.143	Two Battery Bitz	5b	Topo 116
Q1.5	p.143	Chimney Choice	6b	Topo 116
Q2 Something Solid Buttress				
Q2.1	p.144	Something Solid	V+	Topo 117
Q3 Jezebel Buttress				
Q3.1	p.145	Jezebel	VI-	Topo 118
Q3.2	p.145	Goodbye Oman	VI+	Topo 118
Q4 Mizar Buttress				
Q4.1	p.145	Cornflakes	VII-	Topo 119

R Wadi Daykah

R1 Vultures' Rock
R2 Norbert & Christopher Area
R3 Middle Canyon
R3.1 Utopia Area
R3.2 Pleasure Gardens
R3.3 Hanging Gardens
R4 Main Area
R4.1 North Area
R4.2 South Area

S Wadi Suwayh

T Umq

U Umq Bir

V Wadi Fins

V1	p.161	Pancréatite Aigue	6a	Topo 120
V2	p.161	Sans foie, ni rate	VII-	Topo 120

W Wadi Shab

W1	p.162	Oman And a Woman	VII+	Topo 121
W2	p.162	Sous le soleil exactement	VII+	Topo 122

X Wadi Tiwi

X1 Sector "Muezzin"

X2 Sector "Les Aiguilles"

X2.1	p.164	Aiguille a Farid	VI-	Topo 123
X2.1a	p.165	Variation	VI-	Topo 123
X2.2	p.165	Windturm	V+	Topo 124

X3 Sector "Pilier De Soee"

X3.2	p.166	Dubai Mission	VI+	Topo 125
X3.3	p.166	Relais a trois	VI-	Topo 126
X3.4	p.166	Wadi la belle Woual	V	Topo 127
X3.5	p.167	Dragonfly	V	Topo 126
X3.6	p.167	Salut patron	VII-	Topo 125
X3.7	p.167	Maamoul Power	VII	Topo 128
X3.8	p.167	Glucose Power	VI+	Topo 128

X4 Sector "Banane Citron"

X4.2	p.168	Emilou	VIII	Topo 129
X4.3	p.168	Juliette Jauffret	VI-	Topo 129
X4.5	p.168	Banane & Citron	VII	Topo 130
X4.6	p.168	La Snifoni	V+	Topo 131
X4.7	p.169	El Tafoman	VII	Topo 132
X4.8	p.169	JAH	6a+	Topo 133

X5 Sector "Tiwi By Night"

X5.1	p.169	Tiwi by Night	VII	Topo 134
X5.2	p.169	Blinde Dattel	VI-	Topo 135

X6 Sector "Ring Of Fire"

X6.1	p.170	Ring of Fire	VII+	Topo 136
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X7 Routes with unclear location

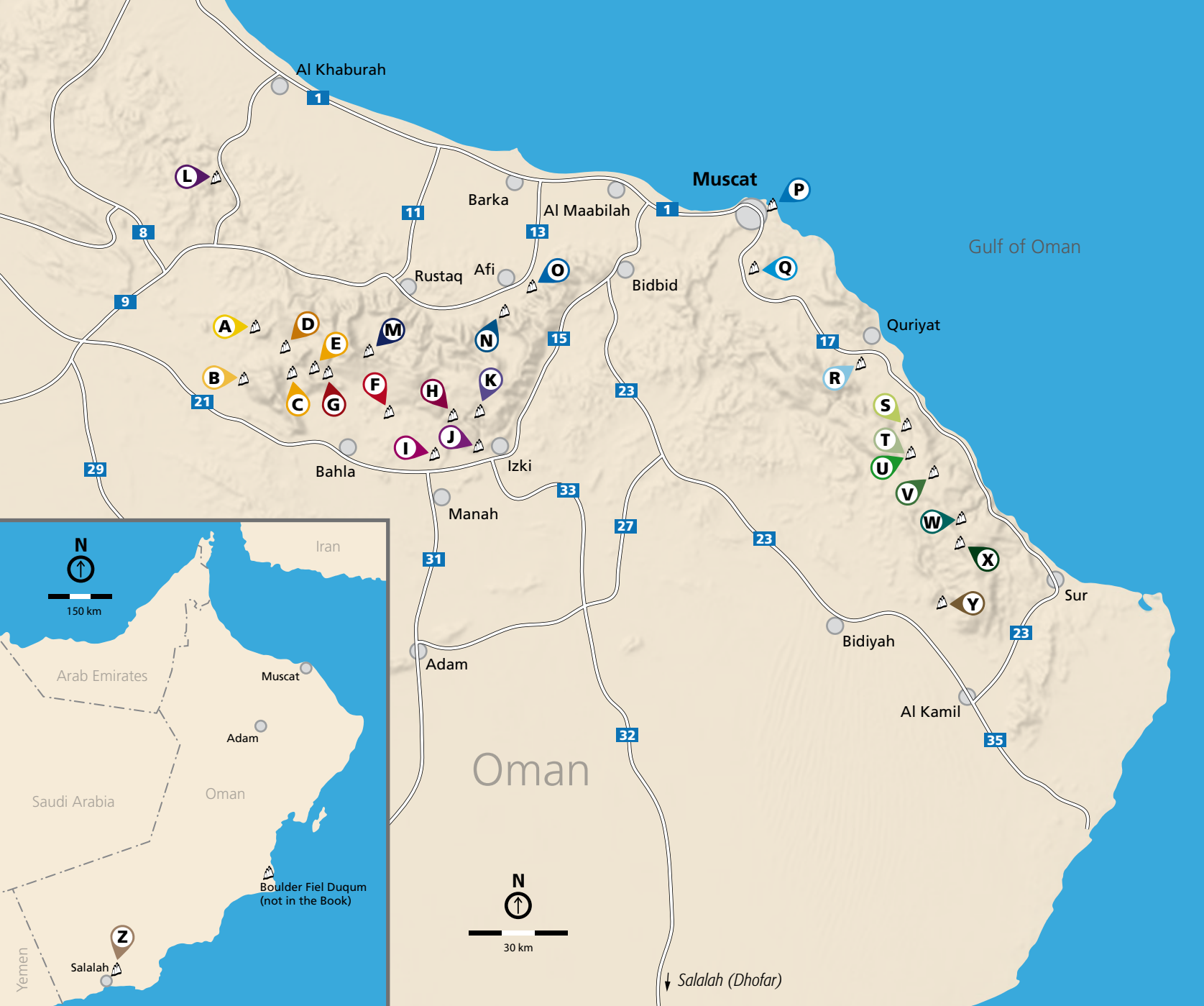
X7.1	p.170	Bahar	VII+	Topo 137
X7.2	p.170	Tiwi Cofi	VI+	Topo 138
X7.3	p.170	Roumi Hallal	VII-	Topo 139
X7.4	p.170	Romani - Conti	VII-	Topo 137

Y Wadi Bani Khalid

Y1	p.171	Boulmie Aerienne	VII-	Topo 140
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Z Dhofar

Z1	p.173	Via Boswillia Sacra	VI-	Topo 141
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Al Khaburah

1

L

8

9

A

D

E

M

N

B

C

G

F

H

K

O

15

23

P

Q

Quriyat

R

S

T

U

V

W

X

Y

Sur

23

Bidiyah

Al Kamil

35

Bahla

Izki

Manah

31

Adam

Oman

32

27

23

29

N

150 km

Boulder Fiel Duqum
(not in the Book)

N

30 km

Salalah (Dhofar)

Gulf of Oman

Arab Emirates

Iran

Muscat

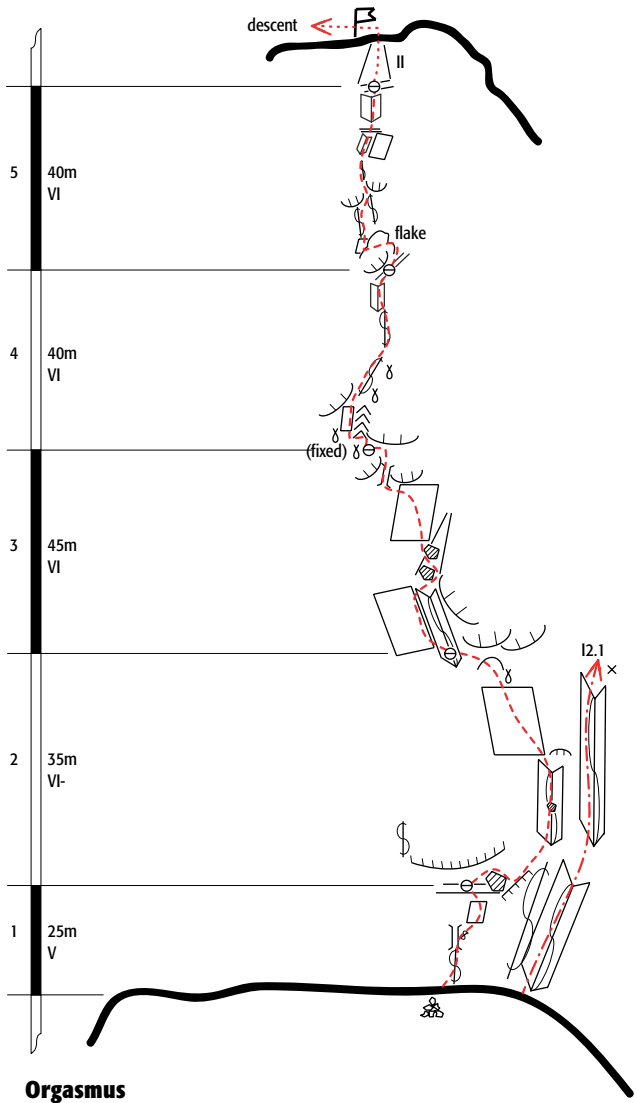
Adam

Saudi Arabia

Oman

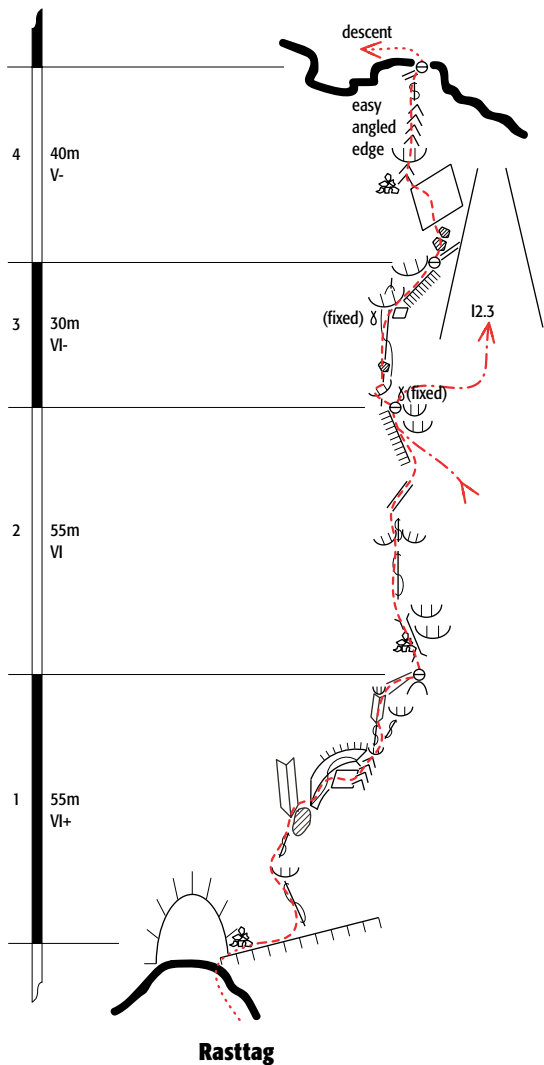
Salalah

Yemen



Orgasmus

Descent Scramble from the summits to the col between the 4th and the 5th Tower. (I - II) Climb down the gully to the east (II - III). Walk around the base of the first Tower back to the start of the routes.



Rasttag

Descent Scramble from the summits to the col between the 4th and the 5th Tower. (I - II) Climb down the gully to the east (II - III). Walk around the base of the first Tower back to the start of the routes.